

Mental Health Information and Resources  
*for Faculty and Staff Who Assist Students*

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The new Student Mental Health web site is a web resource designed for students, their parents, faculty, and staff who are looking for student mental health information and related resources at the University of Minnesota. We recommend that you bookmark this site.

[www.mentalhealth.umn.edu](http://www.mentalhealth.umn.edu)

According to a recent survey, nearly half of all college students report feeling so depressed that they have trouble functioning, and 15 percent meet the criteria for clinical depression. Untreated depression can lead to suicide, which is the second leading cause of death among college students. Faculty and staff can assist students in accessing mental health services at:

- **Boynton Health Service** (<http://www.bhs.umn.edu/services/mentalhealth.htm>), and
- **University Counseling and Consulting Services** (<http://www.uccs.umn.edu/>).

Additional University resources:

**Disability Services** (<http://ds.umn.edu>) provides assistance with academic accommodations for students with diagnosed mental health conditions. Consultation and problem-solving regarding disability issues is available for faculty, staff, and supervisors.

**The Center for Teaching and Learning** (<http://www1.umn.edu/ohr/teachlearn/>) provides a number of workshops and programs designed to assist teaching assistants and faculty in dealing with a variety of classroom situations, including those related to students who may be experiencing distress or who may have a mental illness.